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Comcare

# Webinar

## Leading with empathy: navigating mental health challenges as a supervisor

Tuesday 11 March 2025

1.00 – 2.00pm AEDT





# Housekeeping



## The session is being recorded

Only the presenters and slides will be captured



## Q&A function available

Submit your questions or comments here



## MS Teams Polls

- The Live Polls will display on your screen as a prompt, or
- Use the banner on the top of your screen to access 'Polls'
- Having difficulties? Reply in the Q&A



## Audio-visual solutions

- Check your audio output settings in the app or device
- Try exiting and returning to the forum
- We recommend using the MS Teams app



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# Acknowledgement of Country

Acknowledgement of artist

Healing Hands – Cover artwork by Dion Devow of DDesigns



# Acknowledgement of Lived Experience





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# Support services

## General Support Services

### **Beyond Blue**

1300 224 636

[www.beyondblue.org.au/forums](http://www.beyondblue.org.au/forums)

### **SANE Australia**

1800 18 7263

[www.saneforums.org](http://www.saneforums.org)

## Specialist Services

### **QLife**

*LGBTI Peer Support Service*

1800 184 527

[www.qlife.org.au](http://www.qlife.org.au)

### **Embrace**

*Resources for  
multicultural communities*

[www.embracementalhealth.org.au](http://www.embracementalhealth.org.au)

### **MensLine Australia**

*Support service for men*

1300 78 99 78

[www.mensline.org.au](http://www.mensline.org.au)

## 24/7 Crisis Counselling Services

### **Lifeline**

13 11 14

[www.lifeline.org.au](http://www.lifeline.org.au)

### **Suicide Call Back Service**

1300 659 467

[www.suicidecallbackservice.org.au](http://www.suicidecallbackservice.org.au)



# Agenda

1.00 – 1.05pm

Welcome and introduction – **Kaylene Knox**

1.05 – 1.35pm

Panel discussion – **All panellists**

1.35 – 1.55pm

Question and Answer session – **All panellists**

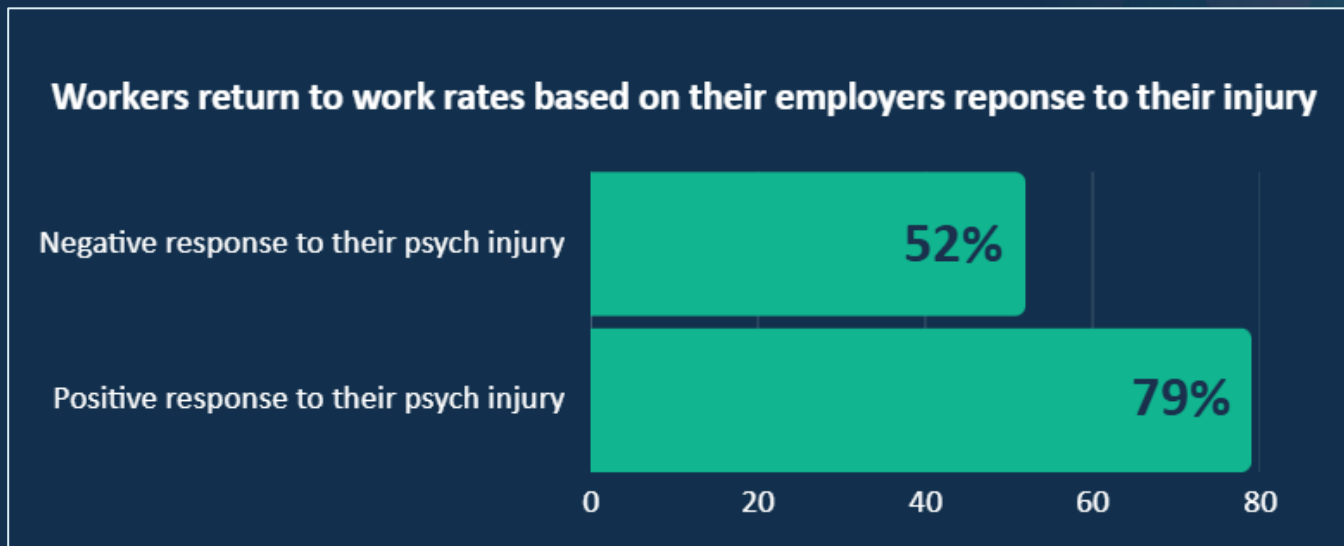
1.55 – 2.00pm

Comcare update – **Kaylene Knox**



# Why this topic?

The most substantial influence on early RTW is *early contact* and *constructive employer response*.





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# Panel members



***Alice Hanna***  
*Pique Group*  
*Sharing successes and*  
*challenges in supporting*  
*employees*



***Jess Price***  
*Paradigm Makers*  
*Offering a lived-*  
*experience perspective*



***Shannon Nolan***  
*Human Leadership*  
*Consulting*  
*Consultant and mental*  
*health expert*





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Feedback survey



# Thank you

“ People will forget what you said, people will forget what you did, but people will never forget how you made them *feel.* ”

- Maya Angelou

# Prevention and RTW Action Plan under the Comcare Strategy 2024-2028





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20  
years

Comcare  
National Work Health and  
Safety Awards 2025

# Comcare National Work Health and Safety Awards

- The awards recognise and reward excellence in workplace health and safety, recovery at and return to work.
- 20-year anniversary
- **Nominations open now!**
- [comcare.gov.au/whs-awards](https://comcare.gov.au/whs-awards)



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